



# 30-Day

# SPRING CLEANING *challenge*

<b>1</b> CEILING FANS AND LIGHT FIXTURES	<b>2</b> WASH WALLS & DOORS	<b>3</b> AIR VENTS & FILTERS	<b>4</b> BLINDS, SHUTTERS, & CURTAINS	<b>5</b> WINDOWS (exterior)
<b>6</b> WINDOWS (interior)	<b>7</b> LIGHT SWITCHES, DOOR HANDLES, & CHECK SMOKE DETECTORS	<b>8</b> FRONT OF KITCHEN CABINET DOORS	<b>9</b> INSIDE KITCHEN CABINETS	<b>10</b> INSIDE KITCHEN DRAWERS
<b>11</b> RANGE HOOD, STOVE, & OVEN	<b>12</b> KITCHEN SINK & FAUCET	<b>13</b> DISHWASHER	<b>14</b> FRIDGE	<b>15</b> PANTRY SHELVES
<b>16</b> KITCHEN TRASH CAN	<b>17</b> MICROWAVE, TOASTER, & OTHER SMALL APPLIANCES	<b>18</b> SHOWER HEADS, CURTAINS, & BATH MATS	<b>19</b> TUB, TUB SURROUND, & SHOWER WALLS	<b>20</b> BATHROOM SINK, FAUCET, & COUNTER
<b>21</b> TOILETS	<b>22</b> UNDER BATHROOM SINK	<b>23</b> WASHING MACHINE & DRYER	<b>24</b> LINEN & COAT CLOSETS	<b>25</b> FLIP MATTRESSES, WASH PILLOWS, CLEAN UNDER BED
<b>26</b> BEDROOM CLOSET SHELVES	<b>27</b> COUCH & COUCH CUSHIONS	<b>28</b> CLEAN UNDER ALL FURNITURE	<b>29</b> AREA RUGS & CARPET	<b>30</b> BASE BOARDS